**Project Overview**

"SolveItNow" aims to offer users a streamlined approach to addressing challenges in their **psychological health**, **work life**, and **home life**. By categorizing problems and providing actionable advice, the platform serves as a self-help guide to support mental well-being, personal growth, and practical problem-solving.

**Features and Functionalities**

**1. User Management**

* **Login and Signup Pages (index.html)**:
  + The platform starts with a login/signup page. Users can create an account or log in using a form.
  + The script.js file stores user credentials in sessionStorage for dynamic interaction across pages (e.g., profile customization).
  + Buttons:
    - **Login Button**: Authenticates users and redirects them to the homepage.
    - **Sign Up Button**: Registers new users and redirects them to the homepage.
    - **Toggle Password Button**: Allows users to show/hide their password.
* **Profile Page (profile.html)**:
  + Displays the logged-in user's profile details (username, email, and password).
  + Buttons:
    - **Back to Problems**: Redirects to the problem selection page.
    - **Toggle Password**: Allows users to view/hide their saved password.

**2. Problem Categorization**

* **Problem Selection Page (problem-selection.html)**:
  + This page categorizes problems into three main areas:
    1. **Psychological Issues**: Links to a dedicated page addressing stress, anxiety, and depression.
    2. **Work-related Problems**: Focuses on career growth, workplace conflicts, and work-life balance.
    3. **Home-related Problems**: Includes topics like family conflicts, home organization, and personal finance management.
  + Buttons:
    1. Each card includes a **Select Button** that navigates to the respective problem page.

**3. Psychological Support**

* **Psychological Issues Main Page (psychological.html)**:
  + Provides links to detailed resources for managing mental health:
    - **Managing Stress** (managing-stress.html) with techniques like mindfulness and time management.
    - **Dealing with Anxiety** (dealing-with-anxiety.html) with exercises like CBT and breathing practices.
    - **Combating Depression** (combating-depression.html) with suggestions for support, activity, and routines.
  + Buttons:
    - Each resource has a **Read More Button** to navigate to a dedicated page.
    - **Back to Problem Selection**: Returns to the main problem selection page.

**4. Work-Related Guidance**

* **Work-related Issues Main Page (work.html)**:
  + Offers resources for improving professional life:
    - **Workplace Conflicts** (workplace-conflicts.html): Tips for resolving disputes constructively.
    - **Career Development** (career-development.html): Strategies for setting goals and networking.
    - **Work-Life Balance** (work-life-balance.html): Ways to maintain harmony between work and personal life.
  + Buttons:
    - Each resource has a **Read More Button** to navigate to a dedicated page.
    - **Back to Problem Selection**: Returns to the problem selection page.

**5. Home-Related Solutions**

* **Home-related Issues Main Page (home.html)**:
  + Focuses on personal and family challenges:
    - **Family Conflicts** (family-conflicts.html): Advice on communication and counseling.
    - **Home Organization** (home-organization.html): Decluttering and scheduling tips.
    - **Personal Finance Management** (personal.finance.html): Budgeting and debt reduction strategies.
  + Buttons:
    - Each resource has a **Read More Button** to navigate to a dedicated page.
    - **Back to Problem Selection**: Returns to the problem selection page.

**6. User Interface and Design**

* **Styling (styles.css)**:
  + The design is minimalist, using colors like green (#39B285) and gray (#2F2F2F) for a calm, professional feel.
  + Responsive navigation with a fixed top bar ensures usability across devices.
  + Cards and buttons are styled with hover effects for an interactive user experience.
  + Key Elements:
    - **Navbar**: Present on all pages, links to the home page, problems, profile, and logout.
    - **Hero Section**: A welcoming introduction on the homepage.
    - **Cards and Resources**: Display content in a visually appealing format with shadows and transitions.

**7. JavaScript Interactivity (script.js)**

* **Dynamic Form Switching**:
  + Toggles between login and signup forms with event listeners.
* **SessionStorage Management**:
  + Saves user credentials (username, password, email) for profile display.
* **Password Toggle**:
  + Adds a button to show or hide password fields for better user experience.

**How the Buttons Work**

* **Navigation Buttons**:
  + Implemented as <button> or <a> tags with onclick event handlers or href attributes to redirect users to relevant pages.
* **Dynamic Elements**:
  + The **toggle password** button changes the type attribute of the password field between password and text.

**General Flow**

1. **User Login/Signup**:
   * Users start on the index.html page, log in, or sign up, and are redirected to the homepage.
2. **Problem Selection**:
   * Users select a problem category to explore.
3. **Resource Navigation**:
   * Users browse through cards for specific problems, clicking "Read More" to access detailed advice.
4. **Profile Customization**:
   * Users can view and toggle their saved profile details.

**Purpose**

This project provides a structured way to empower users with practical solutions to common challenges, ensuring a user-friendly experience with polished navigation, dynamic interactivity, and visually appealing design.